

# WEEK 5, July 10th - 14th

## 4 - 6 years old

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:45 AM - 9:15 AM	Registration & Warm Up				
9:15 AM - 10:25 AM	Mini Rugby	Mini Soccer	Mini Basketball	Mini Rugby	Nerf Gun Tagging
10:25 AM - 10:45 AM	Snack Time				
10:45 AM - 11:45 AM	Fun Games	Mini Ninja Training	Treasure Hunt	Athletics	Balloon Mini Tennis
11:45 AM - 12:30 PM	Lunch				
12:30 PM - 1:30 PM	Fun Engineering	Dodgeball	Floorball	Arts & Crafts	Puzzles
1:30 PM - 1:45 PM	Snack Time				
1:45 PM - 2:45 PM	Water Gun Tagging	STEM Activities	Frisbee	Mini Handball	Dodgeball
2:45 PM - 3:00 PM	Debrief & Goodbye				Awards

## 7 - 12 years old

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:45 AM - 9:15 AM	Registration & Warm Up				
9:15 AM - 10:25 AM	Soccer	Volleyball	Rugby	Basketball	Splash n Surf
10:25 AM - 10:45 AM	Snack Time				
10:45 AM - 11:45 AM	Captain's Ball	Fun Games	Athletics	Martial Arts	
11:45 AM - 12:30 PM	Lunch				
12:30 PM - 1:30 PM	Dodgeball	Floorball	Team Building Games	Baseball	Tournament & Games • Dodgeball • Basketball • Football
1:30 PM - 1:45 PM	Snack Time				
1:45 PM - 2:45 PM	Nerf Gun Tagging	Engineering	Handball	Arts & Crafts	
2:45 PM - 3:00 PM	Debrief & Goodbye				Awards