

WEEK 4, July 3rd - 7th

4 - 6 years old

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:45 AM - 9:15 AM	Registration & Warm Up				
9:15 AM - 10:25 AM	Mini Rugby	Mini Soccer	Mini Basketball	Mini Rugby	Nerf Gun Tagging
10:25 AM - 10:45 AM	Snack Time				
10:45 AM - 11:45 AM	Fun Games	Captain's Ball	Treasure Hunt	Athletics	Balloon Mini Tennis
11:45 AM - 12:30 PM	Lunch				
12:30 PM - 1:30 PM	Fun Engineering	Dodgeball	Team Building Games	Arts & Crafts	Splash n Surf
1:30 PM - 1:45 PM	Snack Time				
1:45 PM - 2:45 PM	Floorball	STEM Activities	Frisbee Golf	Mini Handball	
2:45 PM - 3:00 PM	Debrief & Goodbye				Awards

7 - 12 years old

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:45 AM - 9:15 AM	Registration & Warm Up				
9:15 AM - 10:25 AM	Soccer Drills	Dodgeball (Throwing & Catching)	Rugby Drills	Basketball Drills	Olympics Day
10:25 AM - 10:45 AM	Snack Time				
10:45 AM - 11:45 AM	Soccer Drills & Games	Dodgeball (Dodging, Speed, Footwork)	Rugby Drills	Basketball Drills	
11:45 AM - 12:30 PM	Lunch				
12:30 PM - 1:30 PM					
1:30 PM - 1:45 PM	Soccer Tournament	Dodgeball Tournament	Rugby Tournament	Basketball Tournament	
1:45 PM - 2:45 PM					
2:45 PM - 3:00 PM	Mini Tournament Ranking Rundown				